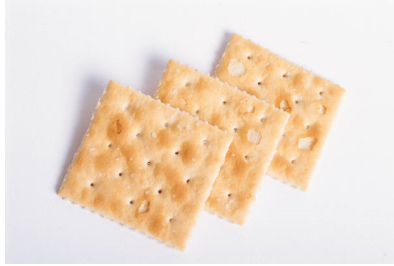


## Ideas for a healthy snack

Strawberries, Blueberries, Bananas, Apples, Grapes, Pears, Grapes

Carrot sticks, Cucumber, cherry tomatoes, Celery



Crackers, Bread sticks

Ham, Raisins, Dried fruit



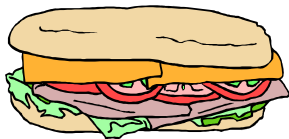
Rice cakes

Cereal bars (NO NUTS)

Yogurt

Cheese/cheese string

Boiled egg



Sandwich

**Please NO crisps or chocolate bars**

**Snacks should be small, no more than two items.**

**Please also remember that our settings are NUT FREE zones due to allergies**